

# SCZ Recordpoging: Session: 1: Startlist per athlete for TEAM: ZCK

Coachinfo: Warming up from: 17:00 untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van den Brande Liesbeth

Coaches: Van Den Broeck Michaël

PB => Personal Best time

## Athlete: DALEMANS LYN

| Style                       | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|-----------------------------|-------|------|------|-------------|-------------|-------------|
| 400M FREESTYLE WOMEN 11+    | 2     | 2    | 4    | 04:31.79    | 04:56.52    | 18:31 00:54 |
| 100M BREASTSTROKE WOMEN 11+ | 8     | 1    | 4    | 01:26.41    | 01:30.30    | 19:25       |

## Athlete: DE ROOS KASPER

| Style                  | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|------------------------|-------|------|------|-------------|-------------|-------------|
| 200M FREESTYLE MEN 11+ | 9     | 2    | 4    | 02:31.89    | 02:33.84    | 19:53 01:12 |
| 100M MEDLEY MEN 11+    | 17    | 2    | 4    | 01:18.04    | no time     | 21:05       |

## Athlete: DE SITTER KIRA

| Style                       | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|-----------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BREASTSTROKE WOMEN 11+ | 8     | 6    | 2    | 01:24.51    | 01:28.74    | 19:37 01:39 |
| 100M MEDLEY WOMEN 11+       | 18    | 4    | 1    | 01:22.56    | no time     | 21:16       |

## Athlete: DE TOLLENAERE LAURA

| Style                    | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|--------------------------|-------|------|------|-------------|-------------|-------------|
| 400M FREESTYLE WOMEN 11+ | 2     | 1    | 3    | 05:48.21    | no time     | 18:25 02:49 |
| 100M MEDLEY WOMEN 11+    | 18    | 3    | 2    | 01:24.35    | no time     | 21:14       |

## Athlete: GEENS AMÉLIE

| Style                     | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|---------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BUTTERFLY WOMEN 11+  | 6     | 3    | 1    | 01:13.34    | 01:16.68    | 19:12 01:24 |
| 100M BACKSTROKE WOMEN 11+ | 14    | 2    | 3    | 01:07.62    | 01:09.39    | 20:36       |

## Athlete: JACOBS LAURIEN

| Style                     | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|---------------------------|-------|------|------|-------------|-------------|-------------|
| 200M BACKSTROKE WOMEN 11+ | 4     | 3    | 1    | 02:45.28    | 03:00.07    | 18:54 01:31 |
| 200M MEDLEY WOMEN 11+     | 12    | 2    | 2    | 02:42.66    | 02:52.50    | 20:25       |

## Athlete: LAUWENS FINN

| Style                  | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|------------------------|-------|------|------|-------------|-------------|-------------|
| 200M FREESTYLE MEN 11+ | 9     | 2    | 5    | 02:37.63    | 02:38.58    | 19:53 01:12 |
| 100M MEDLEY MEN 11+    | 17    | 2    | 5    | 01:26.60    | no time     | 21:05       |

## Athlete: NUYTKENS MARIE

| Style                       | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|-----------------------------|-------|------|------|-------------|-------------|-----------|
| 100M BREASTSTROKE WOMEN 11+ | 8     | 5    | 1    | 01:31.00    | 01:34.01    | 19:35     |

# SCZ Recordpoging: Session: 1: Startlist per athlete for TEAM: ZCK 01:41

|                       |    |   |   |          |         |       |
|-----------------------|----|---|---|----------|---------|-------|
| 100M MEDLEY WOMEN 11+ | 18 | 4 | 4 | 01:17.72 | no time | 21:16 |
|-----------------------|----|---|---|----------|---------|-------|

## Athlete: REYNIERS FIEN

| Style                     | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|---------------------------|-------|------|------|-------------|-------------|-------------|
| 200M BACKSTROKE WOMEN 11+ | 4     | 2    | 3    | 02:48.58    | 02:55.63    | 18:50 01:17 |
| 200M FREESTYLE WOMEN 11+  | 10    | 3    | 2    | 02:32.59    | 02:43.22    | 20:07       |

## Athlete: REYNIERS SINNE

| Style                       | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|-----------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BREASTSTROKE WOMEN 11+ | 8     | 2    | 2    | 01:50.68    | 01:47.34    | 19:28 00:31 |
| 200M FREESTYLE WOMEN 11+    | 10    | 1    | 3    | 03:12.82    | 03:39.60    | 19:59       |

## Athlete: VAN DEN BRANDE LUCAS

| Style                     | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|---------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BREASTSTROKE MEN 11+ | 7     | 4    | 3    | 01:17.06    | 01:19.79    | 19:21 01:21 |
| 100M FREESTYLE MEN 11+    | 15    | 3    | 5    | 01:09.16    | 01:12.94    | 20:42       |

## Athlete: VAN DEN BROECK TIEBE

| Style                  | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BUTTERFLY MEN 11+ | 5     | 3    | 2    | 01:16.51    | 01:20.56    | 19:02 01:12 |
| 200M MEDLEY MEN 11+    | 11    | 2    | 3    | 02:42.56    | 02:47.35    | 20:14       |

## Athlete: VAN HOOMISSEN CHELSEA

| Style                       | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime   |
|-----------------------------|-------|------|------|-------------|-------------|-------------|
| 100M BREASTSTROKE WOMEN 11+ | 8     | 4    | 2    | 01:34.18    | 01:33.50    | 19:33 00:52 |
| 200M MEDLEY WOMEN 11+       | 12    | 2    | 5    | 02:44.24    | 02:55.42    | 20:25       |